

Headache Diary

Patient Name _____

Please Print



DATE	HEADACHE START TIME	HEADACHE STOP TIME	SEVERITY (0-3 SCALE)	LIST ASSOCIATED MIGRAINE SYMPTOMS	DISABILITY (0-3 SCALE)	ANY KNOWN TRIGGERS	MISCELLANEOUS INFORMATION
			0=None 1=Mild 2=Moderate 3=Severe	0=None 1=Nausea 2=Vomiting 3=Photophobia 4=Phonophobia	0=None 1=Mild 2=Moderate 3=Severe		
SUNDAY							
MONDAY							
TUESDAY							
WEDNESDAY							
THURSDAY							
FRIDAY							
SATURDAY							